## Male Mid-Stream Urine Collection

## **Patient Preparation**

- 1. Wash hands with soap and warm water
- 2. Retract foreskin if needed.
- 3. Remove the lid of the jar without touching the inside of the jar or lid.
- 4. Pass the first part of the urine into the toilet.
- 5. Then collect some urine into the jar. (Approximately  $\frac{1}{2}$  fill.)
- 6. Pass the remaining urine into the toilet.
- 7. Screw lid firmly onto jar.
- 8. Return sample to the collector at the nearest Abbott Pathology Collection Centre as soon as possible. (see back of request form for centre locations)

